

Challenging Minds in Motion



October 2007  
newsletter



FLIPS [FUN LOVING INTERESTED PARENTS] :: a non-profit organization to support, promote and raise funds for the development of excellence in competitive gymnastics at Pacific West Gymnastics.

SHOW YOUR SUPPORT :: As the season gets underway, let's not forget to support our team sisters. Your support means a lot to them!

## STARS CHALLENGE

The event was a success! Our Level 4's and 5's performed well in front of their hometown crowd. Results for all PacWest gymnasts are posted & ready for viewing ::

<http://pacwestgymnastics.com/flips/results/results.html>



If you haven't already done so, photos from the event are available for purchase. Check it out...

<http://www.capricornfoto.com/pages/sports-sc2007.html>



## DATES TO REMEMBER

10/13-14	Diablo Sock Hop   San Ramon	4,5,RS
10/20-21	Teddy Bear Invitational   San Mateo	5
10/28	Golden Bear Invitational   Berkeley	4,RS
11/3	Zone 5 Championships   Vallejo	5*
11/17-18	Level 5 State Championships   Visalia	5*
12/1-2	Level 4 State Championships   Rancho Cordova	4,RS*

\* need to qualify to attend

## HAPPY HALLOWEEN!



Halloween falls on Wednesday. Level 8/9's will have regularly scheduled practice. Please write your coach a note if you plan on missing practice to go Trick or Treating. Notes are required on or before 10/24 in order to have permission to miss practice.

## HAPPY BIRTHDAY!!!

Mikhayla Kennison	10/8
Casey Bracamonte	10/15
Danielle McWilliams	10/19

